

# Individuals with disabilities can be included in health research when they can answer survey questions for themselves

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CLEAR LANGUAGE SUMMARY



**State of the field: The need for self-report measures of health and quality of life for people with intellectual and developmental disabilities**

Karrie A. Shogren, Alexandra Bonardi, Chelsea Cobranchi, Gloria Krahn, Alexa Murray, Ann Robinson, Susan M. Havercamp, and the OSU Nisonger RRTC on Health and Function (2021)

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# Research is a way to learn new things.

## Health Researchers:

- ask many people questions about their health and life.
- want to know what groups of people say.
- share what they learn with the public.



What they share helps people get what they need to be healthy and live a good life.

Health researchers are different than a doctor, therapist, or other health worker.

## Individuals with intellectual disability (ID) can be included in health research when they can answer survey questions for themselves.



### **PROBLEM:**

Many questions on surveys about health and living a good life are not easy to understand.



People cannot answer questions they do not understand.

Researchers ask parents or staff to answer questions about health for individuals with ID.



### **SOLUTION:**

Make clear language surveys, so individuals with ID can tell us about their health and life.



Researchers will learn more when individuals with ID can answer questions for themselves.



### **HOW TO DO IT:**

Researchers need to partner with individuals with ID to write clear language survey questions that are easier to understand.



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